

**2007 Kansas 5A PowerLifting - Kapaun Mt. Carmel Catholic High School  
Final Results (Women) - HWT**

Student Name		High School	Weight	Bench	Place	Squat	Place	Clean	Place	Total Pounds	Total %
Last	First										
Mata	Heather	Liberal	196	120	2	200	2	125	2	445	2.270408
Fritz	Heather	S. South	203	160	1	315	1	185	1	660	3.251232
Holt	Ashley	Newton	189	0	3	145	3	0	3	145	0.767196