

Kapaun Mt. Carmel  
Catholic High School  
State 5A Powerlifting Meet

Assumption of Risk Warning Form

I/We give permission for (Please Print) \_\_\_\_\_ to participate in the 2008 5A State Powerlifting Meet. Realizing that such activities and athletics involve the potential for injury which is inherent in all sports, I/We acknowledge that with even the best coaching, use of the most advanced protective equipment, and strict observance of the rules, injuries are still a possibility. On rare occasions these injuries can be so severe as to result in total disability, paralysis, or even death.

I/We agree to not hold the Diocese of Wichita, Kapaun Mt. Carmel Catholic High School, the Kapaun Mt. Carmel Catholic High School Athletic Department, the coaching staff, or any other people associated with the event responsible should injury occur.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Please attach your \$20.00 payment with this form. If paying by check, please make check payable to Kapaun Mt. Carmel.

Name \_\_\_\_\_ School \_\_\_\_\_

Wt. Class \_\_\_\_\_ Actual Weight \_\_\_\_\_

1<sup>st</sup> Lift: Bench \_\_\_\_\_ Squat \_\_\_\_\_ Clean \_\_\_\_\_

**Please make sure this is exactly as your coach faxed in.**

T-Shirts will be available for \$12.00

**NOTE:** Coaches, please make copies for your athletes.

